

Dementia & Mum: Who Really Cares?

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Dementia and Mum: Who Really Cares? is a true story - one centred on my mother's battle to stave of the inevitable decline associated with dementia for as long as possible. I soon found myself enlisted in the struggle. The help offered was natural enough as a son - but there was no way that I could have anticipated the extent to which my patience, stamina and mental strengths, would all be tested to the limits on a journey that I was privileged to share with my mother. Hopefully it will leave you aware that as stressful as the experience may have been at times, neverthe, being able to provide her that level of care was - above all - extremely rewarding and fulfilling. No guarantees can be offered, but there is a reasonable chance that you too may share in some of my tears and laughter along the way. Along with other books on dementia, DEMENTIA & MUM: Who Really Cares? may also help to provide advice and a better understanding of the illness - and hopefully in a positive way. It should leave you aware that whilst caring for a loved one in such circumstances can be very testing, it is far from being just a doom and gloom experience. The book devotes a significant number of chapters to covering the last stages of the illness honestly and in great depth.