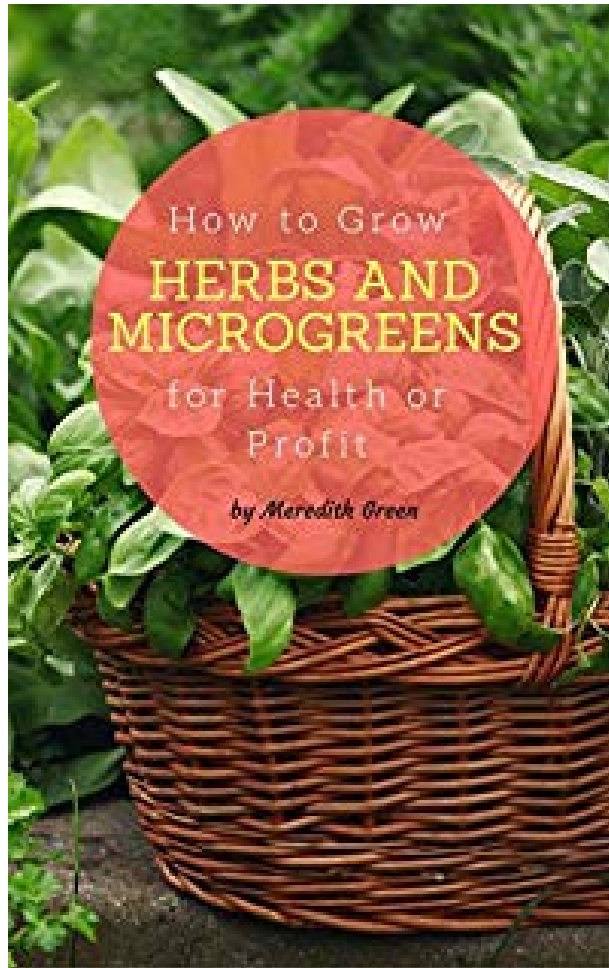


# How to Grow Herbs and Microgreens for Health or Profit: Make money growing herbs and microgreens indoors



<b>Goodreads Rating:</b>	4.00
<b>ASIN</b>	B01M5EO0VP
<b>Genre:</b>	Nonfiction
<b>Language</b>	English
<b>Author:</b>	Meredith Green
<b>Published:</b>	October 21st 2016
<b>Pages:</b>	74

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[How to Grow Herbs and Microgreens for Health or Profit: Make money growing herbs and microgreens indoors.epub](#)

Today the trend is toward eating healthier. A person also needs to consider what chemicals are used to grow their food. You can quite easily grow your own herbs and microgreens no matter how much space you have available. Some microgreens contain up to 40 times more nutrients. Not only can you grow these for yourself but with such a high demand many people are making a full-time living selling their bounty for profit. This book contains information to help you make the most of your space and start your indoor garden. Whether for healthy living or for profit this book will help you on your journey.