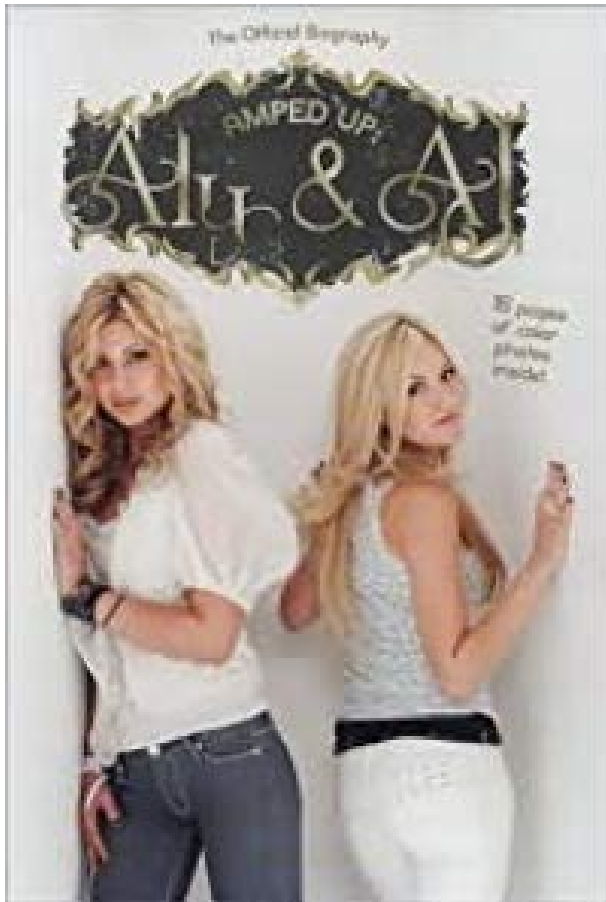


Amped Up: The Official Biography



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Meet Aly & AJ, the talented sisters who are teaching girls everywhere to be strong, smart, and independent with their uplifting music. Their first album, Into the Rush, went platinum, selling over one million copies! Aly & AJ have also starred together in the Disney Channel's Cow Belles and MTV's My Super Sweet Sixteen.