

# 50 Shades Of Curious: BDSM For Beginners



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In his new book, *50 Shades of Curious: BDSM for Beginners*, America's favorite *Fifty Shades of Grey* coach, BDSM educator Bo Blaze, PCC draws from his over 20 years of experience to provide an accessible introduction to the mysterious worlds of kinky sex and BDSM. Written for a diverse audience and friendly to those who have little to no experience with concepts like dominance and submission or S&M, the book discusses the ins and outs of the physical, psychological, emotional, and technical aspects of BDSM and serves as an indispensable primer to those who want to introduce kink to their sex lives, but are not sure where to seek guidance. Readers will learn about terminology and relationship models. They will discover play techniques, contexts, and implements. They will learn about safety, healthy communication, and the joys and potential pitfalls of exploring their fantasies. And they will benefit from the author's detailed and fascinating discussion of issues like pain & punishment, monogamy & ethical non-monogamy, and self acceptance. No other book on the market offers such a comprehensive inroad into BDSM and alternative lifestyles...nor one as engaging and honest. Bo Blaze is the winner of the 2011 Pantheon of Leather President's Award. He has helped thousands learn to practice safe, sane and consensual BDSM over the last 10 years, as the novice group facilitator and a board member emeritus, for The Eulenspiegel Society (TES), the oldest and largest BDSM support and education group in the country. Bo is also a PCC-certified "alternative" life coach who specializes in alternative sexual relationships and non-traditional lifestyles. He is a nationally renowned expert on kink, lifestyle BDSM, ethical non-monogamy, the fetish world and LGBT issues. He has taught and lectured at

hundreds of universities, conferences, and alternative events.