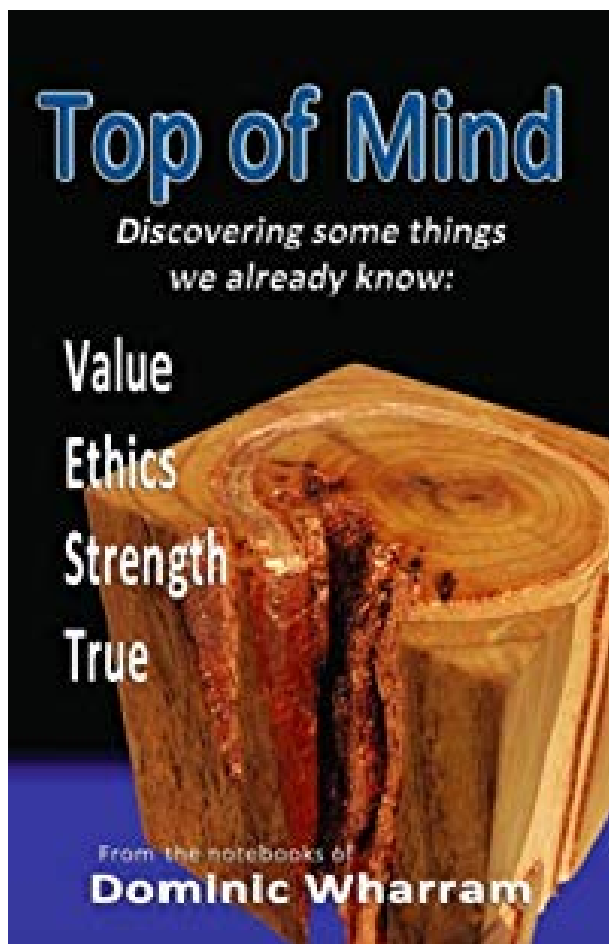


# Top of Mind



<b>Goodreads Rating:</b>	4.00
<b>ISBN13:</b>	9781507550311
<b>Genre:</b>	Uncategorized
<b>Language</b>	English
<b>Author:</b>	Dominic Wharram
<b>Published:</b>	March 15th 2015 by Self
<b>Pages:</b>	84
<b>ISBN10:</b>	1507550316

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[Top of Mind.epub](#)

Dom opens the book with a casual "You already may know this stuff," but one finds quickly that the knowledge to wear the VEST is much deeper than first realized. His VEST is a life on that can provide guidance in times of difficulty along with vision to find paths around or out of challenges. He coaches readers how to keep Top of Mind his "concrete tricks" to navigate life successfully, happily with daily enthusiasm. "This stuff changes lives," he points out, so be prepared to be better on page 84 than you were when opening the read.