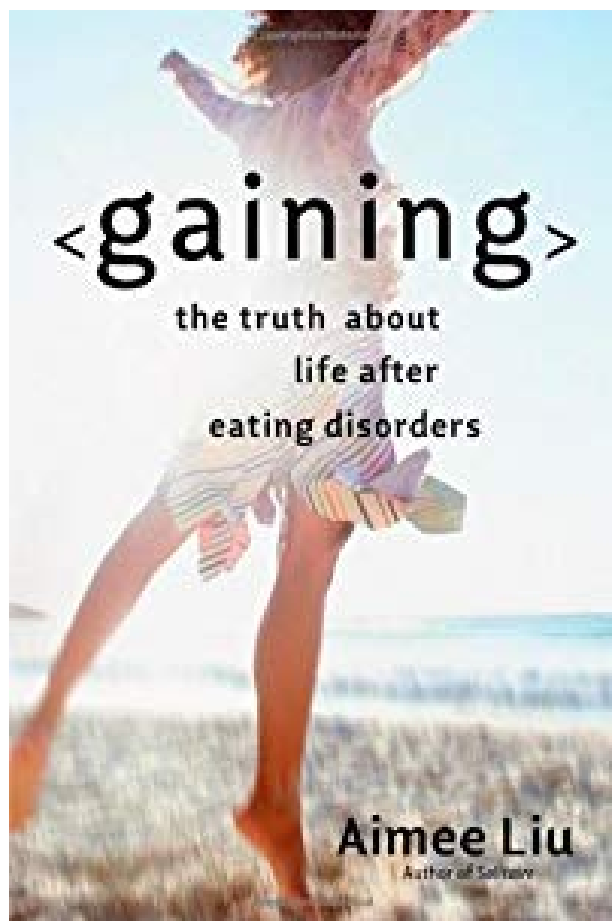


# Gaining: The Truth about Life After Eating Disorders



<b>Goodreads Rating:</b>	3.79
<b>ISBN13:</b>	9780446577663
<b>Genre:</b>	Nonfiction
<b>Language</b>	English
<b>Author:</b>	Aimee Liu
<b>Published:</b>	February 1st 2007 by Warner Books (NY)
<b>Pages:</b>	289
<b>ISBN10:</b>	0446577669

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In 1979, Liu penned the groundbreaking memoir *Solitaire*, in which she described her battle with anorexia. Now, three decades later, Liu shares her story and those of her peers who are still struggling to understand the role anorexia and bulimia have played in their lives.