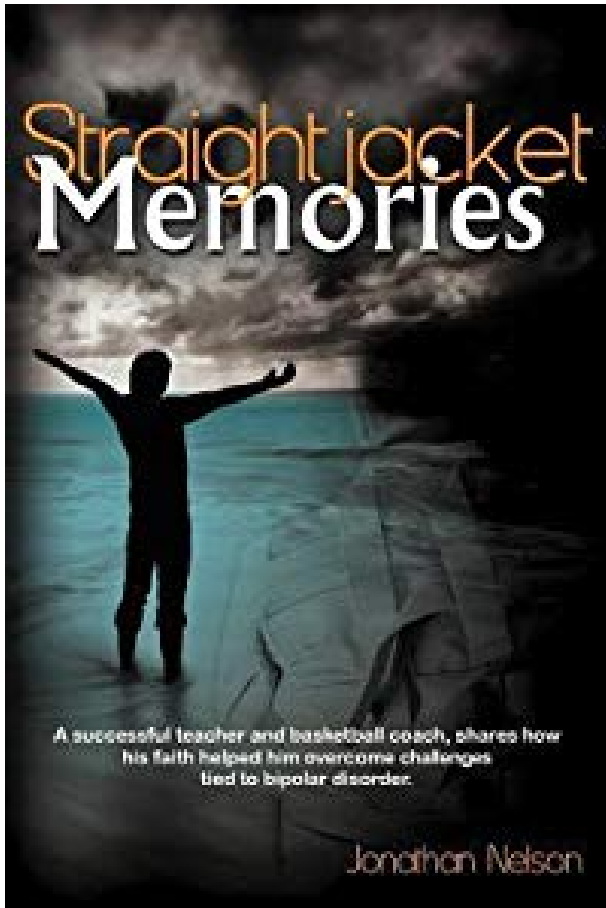


Straightjacket Memories



Goodreads Rating:	3.67
ISBN13:	9781462722495
Genre:	Uncategorized
Author:	Jonathan Nelson
Published:	October 24th 2012 by CrossBooks Publishing
Pages:	132
ISBN10:	1462722490

[Straightjacket Memories.pdf](#)

[Straightjacket Memories.epub](#)

Jonathan grows up fighting "the beast," but he has no idea that what he's actually struggling with is bipolar disorder, which can make him feel despondent one moment and allow him to accomplish great things the next. He also suffers from attention deficit hyperactivity disorder, and his Christian peers say he lacks self-control. Some even claim his behavior indicates a lack of Christian faith and say he won't be saved. It isn't until seven years into his marriage that he is finally diagnosed; by then, bipolar disorder has taken a severe toll on his life. Divorce seems to be the only solution, but faith, love, and a devoted wife point him in a different direction. In this inspiring autobiography, Jonathan shares the coping mechanisms that helped him prevent damaging behaviors. He also discovers that love, understanding, and faith can be powerful weapons and that prayer can yield incredible solutions to problems. While severe depression and anxiety disorders are common, they don't have to lead to a life of despair. In StraightJacket Memories, you'll discover how facing challenges head on and relying on faith and family can accomplish great results.