

# Iyanla Live! Volume 2: Faith (Iyanla Live!)



<b>Goodreads Rating:</b>	4.59
<b>ISBN13:</b>	9780743500395
<b>Genre:</b>	Self Help
<b>Language</b>	English
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<b>Published:</b>	August 1st 2000 by Simon & Schuster Audio
<b>ISBN10:</b>	0743500393

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How do you stand up when you want to lie down? Some days the thought of getting out of bed is frightening. Often the challenges we face can be so daunting that we fail to take them on. When we do fail to respond, it is not for a lack of faith. In this live recording Iyanla Vanzant reminds us that no matter what the challenge, we need to have faith. We must remember that someone else has been in the same situation and has survived. We must trust that our past experiences have prepared us to meet this critical moment in time. We must be ready to handle what we ask for, and we must be willing to take the consequences should we fail. We can accomplish all of this only if we believe we can. Iyanla challenges us to make choices. There are no yesterdays or tomorrows. She tells us that the time to change is now. We can't wait for something to happen to us. We must step up to the challenge and envision our success. As she says, we are the living faith.